

Rotary
Fellowship of Camping



7TH
EDITION

CAMPING *Magazine*

UNITED BY
FRIENDSHIP,
INSPIRED BY
SERVICE

AUG 6-9, 2026
Naivasha West Beach Camp
Kenya

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Purpose, Serving
with Heart

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Camping with Heart
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EDITOR'S *Note*

*Dear Fellow Campers, Rotarians,
Rotaractors and Friends,*

On behalf of the Editorial Team, I extend my heartfelt appreciation to each one of you for your unwavering support towards the **Rotary Fellowship of Camping**. Your enthusiasm, commitment, and love for fellowship continue to make this journey more meaningful every year.

Thank you for being part of the **7th Edition** as we gather in the breathtaking landscapes of **Naivasha, Kenya**. Beyond the beautiful scenery, this edition promises unforgettable adventures, renewed friendships, meaningful networking, inspiring fellowship, and memories that will remain with us long after the campfire goes out.

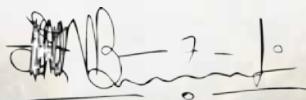
This magazine captures the spirit of our journey—our shared experiences, stories, highlights, and the moments that define who we are as a fellowship. As we explore **Naivasha** together, let us embrace every opportunity to connect, learn, laugh, serve, and create lasting memories.

To everyone who contributed to this publication, supported the event, and made this edition possible, thank you for believing in the vision of our Fellowship.

May the **7th Edition** remind us that the greatest adventures are not only found in the places we visit, but in the friendships we build and the memories we create together?

*Happy Camping, Safe Adventures, and
See You around the Campfire!*

Yours in Fellowship,



HCP Mugerwa Bob Kajunge - PHF
Chief Editor/Graphic Designer
7th Edition Magazine

TEL: 047 6420018/0476420246
IN ANY CORRESPONDENCE ON
THIS SUBJECT PLEASE QUOTE:
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MINISTRY OF HEALTH
Arua Regional Referral Hospital
Office of the Hospital Director
P. O. Box 3,
ARUA, Uganda.

7th July, 2026

To: The Members,
Rotary Camping Fellowship of Uganda.

RE: APPRECIATION FOR DONATION OF ECG MACHINE

On behalf of the management, staff, and patients of Arua Regional Referral Hospital, we extend our profound gratitude for your generous donation of an ECG machine to our pediatric department.

Your commitment to Service Above Self has provided our clinicians with a critical tool to diagnose and monitor heart conditions in children. This machine will benefit hundreds of children annually across the West Nile region — for screening newborns for congenital defects to guiding care in cardiac emergencies.

In recognition of your gift, a dedication plaque reading “With love for the little hearts ❤️💖 Donated by the Rotary Camping Fellowship of Uganda 2026 has been place in the Paediatric Unit. Every reading from the ECG Machine will stand as a testament to your compassion and dedication to community health.

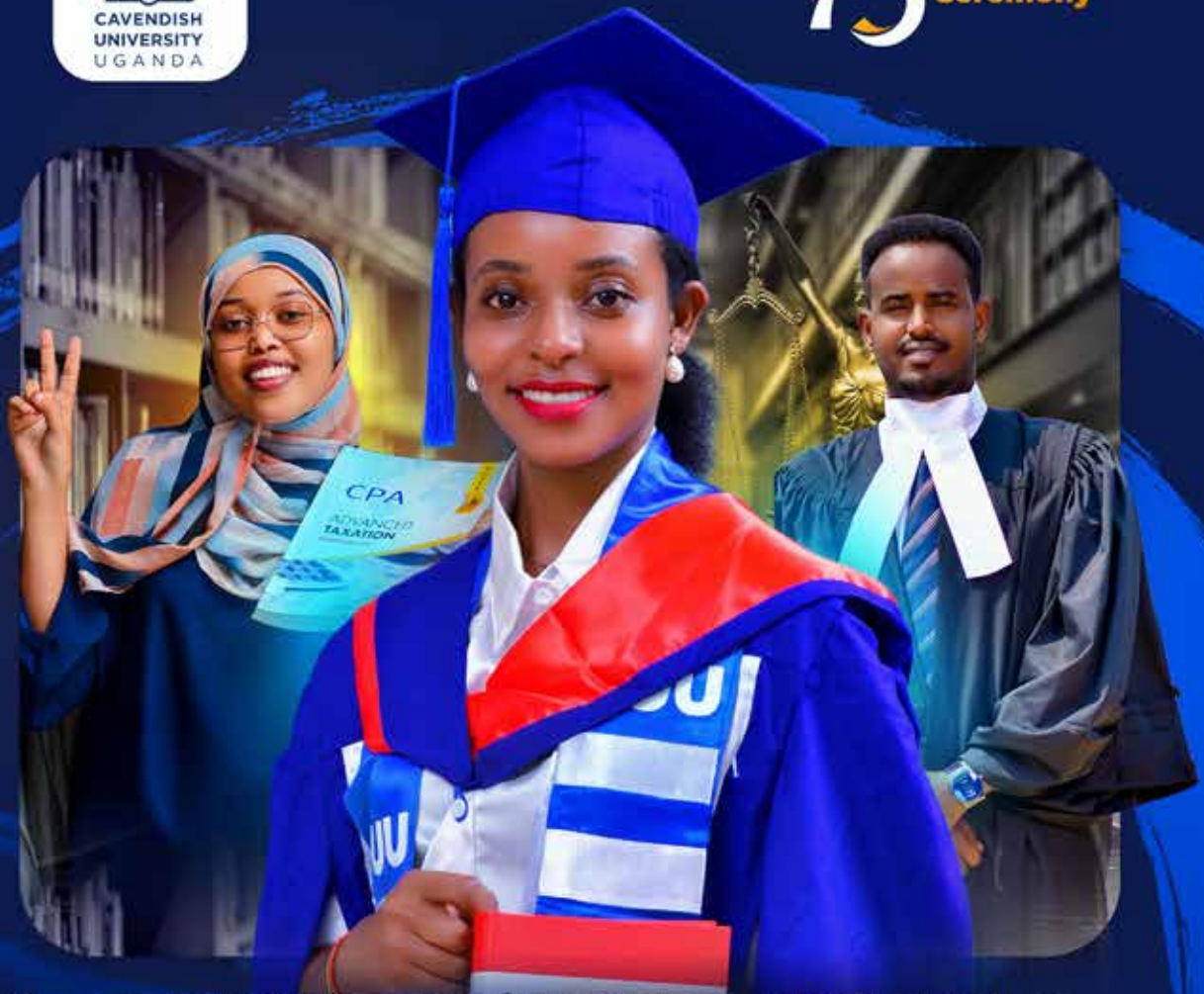
We would be honored to host members of your Fellowship at Arua Regional Referral Hospital to witness the impact of your gift.

With sincere appreciation.

Dr. Aniku Gilbert
Ag. SENIOR EXECUTIVE CONSULTANT



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Leading with Purpose, *Serving with Heart*

— A Message from —
District Governor Rtn Daniel Ddamulira

It is with immense joy and gratitude that I extend my warmest greetings to every Rotarian, partner, volunteer, healthcare professional, and friend gathered for the **7th Rotary Camping Fellowship Heart Camp**.

This remarkable initiative is a shining example of Rotary's enduring commitment to creating hope in the world. Over the years, the Rotary Fellowship of Camping has demonstrated that fellowship is far more than shared experiences in nature—it is a powerful force for transforming lives through compassion, innovation, and selfless service.

The Heart Camp has become a beacon of hope for countless families across our region. Through the donation of life-saving cardiac equipment, support for heart surgeries, awareness campaigns, and collaborative partnerships, the fellowship continues to make a lasting difference where it matters most—saving lives and restoring hope.

As Rotarians, we are guided by the principle of Service Above Self. Every patient whose life is touched, every volunteer who gives their time, and every partner who supports this noble cause reflects the very essence of Rotary. Together, we prove that when people unite around a shared purpose, extraordinary things happen.

A scenic night landscape featuring a calm lake reflecting the moon and distant mountains. In the foreground, a campfire burns brightly, flanked by two folding chairs. To the right, a yellow tent is illuminated from within. A glowing lantern sits on a small table to the left. The sky is dark blue with a crescent moon and stars. The entire scene is framed by a white, textured border.

I commend the Rotary Fellowship of Camping for its unwavering dedication and vision. Organizing seven successful Heart Camps is no small achievement. It is a testament to strong leadership, committed teamwork, and the generosity of Rotarians and friends who continue to believe that everyone deserves access to quality cardiac care.

As we gather in Naivasha, let this occasion inspire us to strengthen our partnerships, expand our impact, and reaffirm our commitment to serving humanity. May we continue to build a future where preventable heart disease no longer claims lives simply because care is beyond reach?

To every participant, donor, volunteer, and supporter, thank you for being ambassadors of hope. Your service reminds us that the greatest legacy we can leave is one of compassion, generosity, and lives transformed.

I wish you a successful, enriching, and memorable Heart Camp. May our fellowship continue to grow stronger, our service reach further, and our collective impact inspire generations to come.

Yours in Rotary Service,

Rtn Daniel Odumukira

District Governor, Rotary District 9214

Under *the Stars* to Save Little Hearts

Dear Friends and Fellow Campers;

*A*s the Executive Secretary of the Camping Fellowship, I am honored to announce the **7th Edition of our Annual Camping Fellowship**, and this year, we are pitching our tents for one urgent mission: to save children born with **Congenital Heart Defects**. I write to you from the heart of what we do best; gathering people in God's creation for a purpose. I have seen tents become classrooms, campfires become pulpits, and trails become places of transformation. Today, I am inviting us to pitch our tents for one more reason: to save children born with Congenital Heart Defects, CHDs. Why This Cause? Why Now?

In Uganda, many children born with Congenital Heart Defects (CHDs) don't survive past childhood because treatment is expensive, specialized, and often only available in a few referral hospitals. But hope is rising, and it's coming from unexpected places like campgrounds. When you trade comfort for a cause, the impact is bigger than the trip. **"Camping for a Cause"** turns weekend adventures into fundraising and awareness drives for children who need heart surgeries, medication, and post-care support.

As a Fellowship, our mandate has always been fellowship, formation, and service. When a child is struggling to breathe, fellowship means standing with their family. When a parent doesn't know the signs, formation means teaching them. **When surgery is out of reach, service means raising the funds.**

As campers, we are used to carrying heavy backpacks. Let us carry a heavier purpose this season. Let us trade one weekend of comfort for a lifetime for a child. I therefore call upon all our Chapters, Youth Leaders, Church Partners,



and Friends of the Fellowship to mobilize. Whether you are a seasoned camper or this is your first tent, your presence matters.

When we sleep under the stars, let us remember the children who fight for every breath.

When we sing and dance around the fire, let us sing for the little hearts that need ours to beat for them.

Pitch your tent. Tie a red band. Walk the trail.

Because no child should die because their heart was born different.

In Service and Fellowship.

Namugenyi Bilhah Kayizzi

**Executive Secretary,
Rotary Fellowship of Camping**



Erbe VIO 300S electrocautery unit.



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Rotary
Fellowship of Camping



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Beyond the Tent, *Stronger Together*

How Rotary Fellowships
Deepen Engagement
and Build Belonging

 PDG Anne Nkutu

Being the Patron of the Rotary Fellowship of Camping over the past year has given me a better appreciation of the important role Rotary Fellowships play in strengthening member engagement. In my view, they remain one of the most underutilized opportunities we have to enrich the Rotary experience.

“

We often hear the saying that people join Rotary because of service but stay because of friendships. The Rotary Fellowship of Camping has brought that saying to life.



*Campfires may fade,
but the friendships endure.*

FELLOWSHIP THAT LASTS

Well Beyond the Campfire



Over the past year, I have watched members bond over a shared love of the outdoors, adventure and travel. What started as a common interest has grown into a vibrant community of campers with a strong sense of identity. The Fellowship's WhatsApp group is alive with daily conversations, and good-natured banter, keeping members connected well beyond meetings and camping trips. Campers celebrate one another's milestones—from club installations to personal achievements—and genuinely show up for one another. Infact, I dare say that some members have developed an even stronger sense of belonging within the Fellowship than they have in their own Rotary Clubs.

I once read that members who have multiple Rotary connections are far less likely to leave the organization. From what I have observed, I believe this Fellowship is making a meaningful contribution to member retention. It gives members additional reasons to stay engaged by creating opportunities to serve, lead and contribute in areas that match their interests.

The preparations for the upcoming Naivasha camping trip are a perfect example. Members willingly stepped forward to plan, mobilize, coordinate logistics and organize activities.

In doing so, they have developed leadership, teamwork and organizational skills that will undoubtedly benefit their clubs, districts and Rotary as a whole.



Equally important is the Fellowship's contribution to members' wellbeing. Rotary increasingly recognizes that today's members are looking for more than service opportunities; they are also seeking friendship, recreation, personal fulfilment and a healthy balance in their lives.

The Fellowship provides all of these. It reminds us that fun is not a distraction from Rotary's mission—it is an essential part of creating an enjoyable and fulfilling membership experience. Members who enjoy Rotary are far more likely to remain active and engaged.

During a recent discussion I moderated on why members remain in Rotary, four themes consistently stood out: **belonging, purpose, growth and fun**. These are precisely the qualities that Rotary Fellowships help to cultivate. People do not join Rotary simply to attend weekly meetings. They join to connect with others, make a difference, develop themselves and build meaningful relationships. Rotary Fellowships expand a member's experience beyond the boundaries of a single club, creating a wider community of people united by shared interests and common passions. In doing so, they deepen engagement, strengthen friendships and provide compelling reasons for members to remain active throughout their Rotary journey.

For this reason, I believe Rotary clubs should make far greater use of Fellowships as a deliberate member engagement strategy.

Clubs can introduce Fellowships during new member orientation, encourage every member to join at least one Fellowship that aligns with their interests, and partner with Fellowships to deliver service projects, networking opportunities and social events.

*Fun is Not a Distraction
It's Part of the Mission*

The Fellowship provides all of these. It reminds us that fun is not a distraction from Rotary's mission—it is an essential part of creating an enjoyable and fulfilling membership experience. Members who enjoy Rotary are far more likely to remain active and engaged.

And in case you didn't know, Fellowships can be about much more than shared hobbies. Alongside its camping and adventure activities, the Rotary Fellowship of Camping actively supports the treatment of children living with congenital heart disease and welcomes opportunities to collaborate with Rotary clubs and partners working towards the same cause.

If we are serious about creating lasting value for our members, we must look beyond attendance at weekly meetings.

Rotary Fellowships remind us that lasting engagement is built on friendship, shared experiences, meaningful service and a genuine sense of belonging. They are not simply an optional extra—they are one of Rotary's most powerful tools for building stronger clubs and happier, more connected members.

PDG Anne Nkutu

Patron,
Rotary Fellowship of Camping

— A Message from —
District Governor Elect 2026/2027

Welcome Letter to the 7th Edition of the Rotary Camping Fellowship.

Naivasha, Kenya | August 2026

Dear Rotarians, Rotaractors, Guests, and Members of the Rotary Camping Fellowship, on behalf of District 9215 and the Rotary fraternity in Naivasha, it is our great pleasure and honor to warmly welcome you to the 7th Edition of the Rotary Camping Fellowship in the beautiful town of Naivasha this August 7th to 9th 2026.

We are delighted to host Rotarians and friends from around Africa and the world as you gather to celebrate fellowship, adventure, service, and the enduring spirit of Rotary. Your commitment to enhancing the experiences of your members by exploring diverse destinations is a wonderful demonstration of the Rotary ideal of building friendships that transcend borders. Through your travels, you strengthen international understanding, promote cultural exchange, and create lasting bonds among people from different nations and backgrounds.

This gathering is especially meaningful because it combines recreation with a noble humanitarian purpose. Your dedication to creating awareness of cardiovascular diseases, educating communities on heart health, and supporting healthcare institutions through the donation of heart diagnostic equipment reflects Rotary's unwavering commitment to improving lives. These initiatives will contribute significantly to strengthening the early diagnosis and management of heart conditions, ultimately bringing hope and better health outcomes to countless individuals and families.



As you camp, explore, and experience the breathtaking landscapes of Naivasha and its surrounding attractions, we hope you will also enjoy the warmth, hospitality, and rich cultural heritage that Kenya is renowned for. From our spectacular wildlife and scenic lakes to the kindness of our people, we trust that your stay will be both memorable and inspiring.

May this fellowship strengthen existing friendships, inspire new partnerships, and reaffirm our shared commitment to **Service Above Self**. We wish you a successful camp, enriching experiences, safe adventures, and many cherished memories during your time in Naivasha.

Once again, welcome to Naivasha, welcome to Kenya, and thank you for the remarkable difference and lasting impact that you continue to make globally, in your communities and also in yourselves.

**We wish you every success during the 7th Edition
of the Rotary Camping Fellowship.**

Yours in Rotary Service



James K. Mwangi
District Governor Elect 2026/27
Rotary District 9215



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Camping *with* Heart:



There is something profoundly healing about the outdoors. A sunrise over a quiet campsite, the rhythm of boots on a forest trail, the laughter around a campfire, and the friendships built under an open sky all remind us that life is a precious gift worth protecting. While Rotary Camping Fellowship members gather to celebrate adventure and fellowship, they also have an opportunity to champion one of the Uganda and the World's most urgent health challenges: heart disease.

Hearth disease remains the leading cause of death globally, affecting millions of families every year. In many developing countries, including Uganda and across Africa, access to specialized cardiac care remains limited. Too many children are born with congenital heart defects that can be corrected through surgery, while countless adults suffer from preventable cardiovascular diseases because they cannot access timely diagnosis, treatment, or education.

Rotarians have always believed that service extends beyond building schools or providing clean water. It includes preserving life itself. Supporting the prevention and treatment of heart disease is an investment in stronger families, healthier communities, and more productive societies.



The Rotary Campers bring together people who appreciate nature, friendship, and service. Camping teaches resilience, teamwork, preparedness, and respect for life. These same values inspire us to care for those whose hearts need healing.

Every camping fellowship event is an opportunity to make a difference. Educational talks around the campfire can encourage healthier lifestyles and raise awareness about the importance of early screening for hypertension, diabetes, and other cardiovascular risk factors.

Ironically, many activities that the campers already enjoy are among the best medicines for preventing heart disease. Regular walking and hiking improves cardiovascular fitness. Fresh air and time in nature help reduce stress, which contributes to high blood pressure. Preparing balanced meals while camping encourages healthier eating habits. The friendships formed through fellowship combat loneliness and promote emotional well-being, another important contributor to heart health.

Rotary campers are uniquely positioned to demonstrate that an active lifestyle is one of the simplest and most effective ways to protect the heart.

Despite advances in medicine, many patients cannot afford the treatment they desperately need. Children with congenital heart disease often require surgery that is beyond the financial reach of their families. Adults suffering heart attacks or heart failure frequently face delays in receiving specialized care.

Rotarians can help bridge this gap by partnering with hospitals, charitable foundations, governments, and international organizations to support cardiac care. Fundraising initiatives like the Camping fellowship can finance surgeries, purchase diagnostic equipment, sponsor medical outreach clinics, or provide medications for vulnerable patients.

Every life saved creates a ripple effect—parents return to work, children return to school, and communities become stronger.

The beauty of camping reminds us that every journey begins with a single step. Likewise, improving heart health begins with simple actions: encouraging regular exercise, promoting healthy lifestyles, supporting medical treatment, and giving generously to those in need.

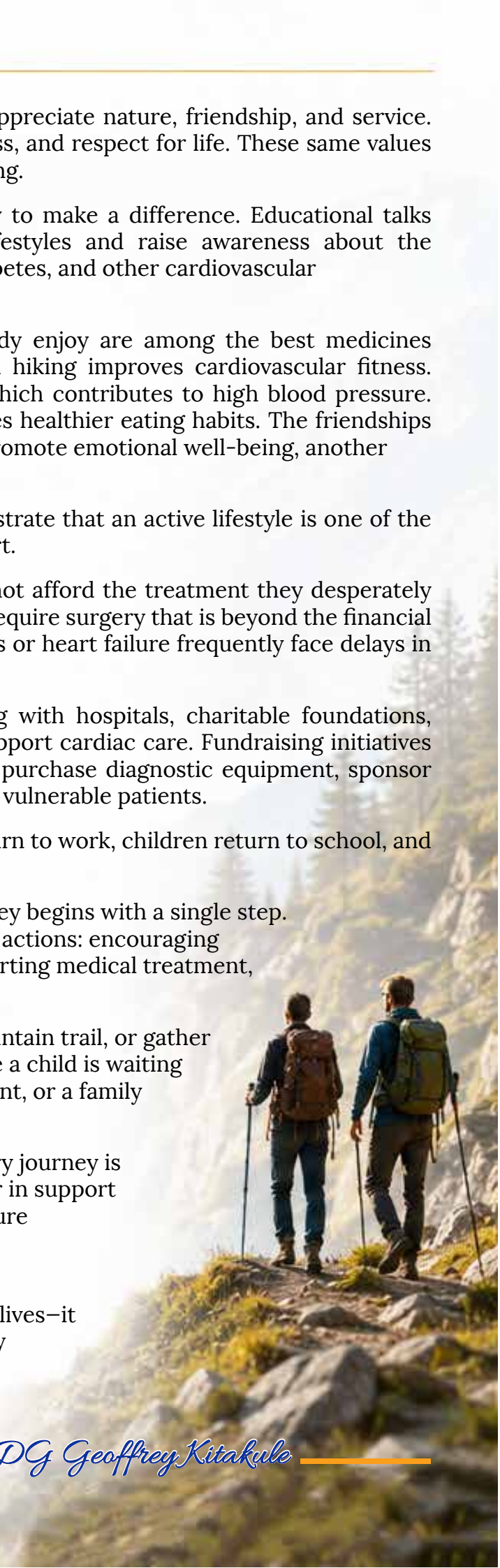
Whether we pitch a tent beside a lake, climb a mountain trail, or gather around a campfire, let us remember that somewhere a child is waiting for heart surgery, a parent needs life-saving treatment, or a family hopes for a second chance.

As Rotarians and campers, we understand that every journey is better when we travel together. Let us walk together in support of healthier hearts, stronger communities, and a future where more people can enjoy the great outdoors with those they love.

For in Rotary, service is not merely about changing lives—it is about saving them. And there is no greater journey than helping another heart continue to beat.

#RotaryEyamba.
#RotaryKonyo

IPDG Geoffrey Kitakule





Camping *with* Purpose:

Building Friendships, Changing Lives

By District Governor Gerald Obai



Rotary has always been about service above self, fellowship, and creating lasting impact in our communities. Among the many fellowships that embody these values, the Rotary Fellowship of Camping stands out as a remarkable example of how friendship and service can be beautifully combined to transform lives.

What began as a simple idea of bringing Rotarians together through camping has grown into a vibrant movement that goes far beyond recreation. Today, the Rotary Fellowship of Camping is a platform where members strengthen friendships, promote wellness, appreciate nature, and most importantly, extend hope to vulnerable communities through meaningful humanitarian service.

Over the years, the Fellowship has demonstrated that camping can be a powerful avenue for service. Through its annual camping events, members have mobilized resources to donate electrocardiogram (ECG) machines to health facilities, strengthening the diagnosis and management of heart disease in underserved communities. These contributions continue to improve healthcare delivery and save countless lives.

Equally inspiring has been the Fellowship's commitment to supporting children born with congenital heart disease. Through partnerships, fundraising, and the generosity of Rotarians and friends, many children have received life-saving heart surgeries, giving them the opportunity to live healthy and productive lives. Every child whose heart is healed represents hope restored to a family and a future made possible.

The Rotary Fellowship of Camping also reminds us that fellowship is not merely about gathering together—it is about building relationships that inspire service. Around every campfire, lifelong friendships are formed, ideas are exchanged, and new opportunities for collaboration emerge. These moments strengthen our Rotary family and deepen our shared commitment to serving humanity.

I commend the visionary leadership of Rotarian Irene Nakanwagi Luweesi, Founder and Executive Director of the Rotary Fellowship of Camping, together with the dedicated organizing team and every Rotarian who has supported this noble journey. Their passion has transformed camping into a unique avenue for service, fellowship, and lasting community impact.

As District Governor, I warmly encourage every Rotarian and Rotaractors to embrace the spirit of the Rotary Fellowship of Camping. Whether you are an experienced camper or attending for the first time, you will find an environment that nurtures friendship, leadership, personal growth, and service above self.

Together, let us continue supporting initiatives that improve healthcare, save children's lives, protect our environment, and strengthen the bonds that unite us as Rotarians.

The future of Rotary is built through meaningful fellowship and impactful service. The Rotary Fellowship of Camping is a shining example of both.



Together, we camp. Together, we serve. Together, we transform lives.



“

Fellowship
brings us
together,

Service
gives us
purpose,

Camping
keeps the
spirit alive.

”



A GRATITUDE NOTE

From

THE CHAIR

CAMPING FELLOWSHIP

Dear Members and Friends,

It's my pleasure to welcome you to the 7th edition of the camping fellowship. When I assumed the chairmanship position a year back, I asked my self" should I maintain the status quo or should we expand the horizon? Am glad to inform you that we chose the latter. The horizon has evidently brought us to Naivasha. Let's have an experience, let's bond, connect, have fun and remind ourselves of the child who needs our support to live a healthier life.

With gratitude I want to thank all campers for standing tall during our club installations. Thank you for the visibility, thank you for the support, thank you for showing up for our presidents. I want to congratulate our IPAGs, IPPs, District officials and our dear POP Victoria for leading well and diligently. Congratulations to our lasting Impact Creator presidents, Assistant Governors, our very own Rtn. Subira for the POP position, Rtn Dan kiguli for Dean of AGs and lastly our corporate and sponsorship chair Rtn. Peter Dhamuzungu for the position of DGN.

As we settle into the rhythm of this year, let's reflect on the incredible journey that has brought us here. When we first started camping fellowship, our ambitions were simple: to connect, learn, have fun and make tangible impact in our communities. Today looking at the vibrant, growing network we have built together makes me feel proud and grateful for the lives we saved, hope restored and the lasting impact we are creating.

None of the above would be possible without you. I want to extend my heartfelt thanks to our dedicated committee members, steadfast sponsors and most importantly to our passionate campers.



CONNECT

Stronger Together.



EXPERIENCE

Memories that last a lifetime.



IMPACT

Saving Lives and Restoring Hope.



GRATITUDE

Stronger Together.

With gratitude.

Rtn. Falia Kiganda

Rotary Club of Jinja
CHAIRPERSON CAMPING FELLOWSHIP

The Spirit of Camping, the Power of Service

A Message from the Executive Director & Founder



By Rotarian Irene Nakanwagi Luweesi
Executive Director & Founder,
Rotary Fellowship of Camping (RFC)
Rotary Club of Nsangi

There is something extraordinary about gathering around a campfire. In those moments, titles disappear, differences fade, and friendships are born. For the Rotary Fellowship of Camping (RFC), camping is far more than an outdoor adventure—it is a movement that brings together fellowship, service, leadership, and compassion to create lasting impact.

When I founded the Rotary Fellowship of Camping on 28 November 2020, I envisioned a fellowship where Rotarians, their families, and friends could connect with nature while living Rotary's motto, Service Above Self. I believed that every camping experience could become an opportunity to transform lives, strengthen friendships, and leave communities better than we found them.

Our inaugural fellowship at Sezibwa Falls marked the beginning of this remarkable journey. During that first camp, we donated an ECG machine to the Uganda Heart Institute at Mulago, demonstrating that our fellowship would always combine adventure with meaningful service.

As the fellowship continued to grow, so did our impact. Each edition has brought together members from different Rotary clubs, districts, and countries, united by a shared passion for service and the outdoors. From our second camping fellowship in Oguzulu, Katosi, Mukono



District, to subsequent editions across the region, every gathering has strengthened our commitment to improving lives.

One of our proudest achievements came during our 6th Edition, where we donated ECG machines to Ruhoki Hospital in Kasese District and Arua Regional Referral Hospital. These contributions continue to improve cardiac diagnosis and healthcare delivery for thousands of patients who otherwise would have limited access to essential medical services.

Our 7th Edition, held in Naivasha, Kenya, marked another significant milestone in our history. Guided by our mission of combining fellowship with humanitarian service, we set out to support hospitals and children requiring life-saving heart interventions, demonstrating that when Rotarians unite, borders become opportunities for collaboration rather than barriers.

Today, the Rotary Fellowship of Camping stands as a vibrant international fellowship committed to promoting friendship, environmental stewardship, community service, wellness, and leadership. Every camp reminds us that fellowship is strongest when it is accompanied by purpose.

None of these accomplishments would have been possible without the dedication of our members, Rotary leaders, sponsors, healthcare partners, volunteers, and friends who continue to believe in our vision. Your commitment has transformed a dream into one of Rotary's most exciting and impactful fellowship experiences.

As we look to the future, our ambition is clear—to expand the Rotary Fellowship of Camping across Africa and beyond while creating even greater opportunities to serve communities, protect our environment, and inspire future generations of Rotary leaders.

You're Invited - 8th Edition of the Rotary Fellowship of Camping

It is with great excitement that I invite Rotarians, Rotaractors, family members, friends, and outdoor enthusiasts from around the world to join us for the 8th Edition of the Rotary Fellowship of Camping.



Venue:

Kaije Country Cottages,
Fort Portal, Uganda



Dates:

6th–8th
August 2027

This promises to be an unforgettable weekend of fellowship, adventure, networking, community service, cultural experiences, and the unique spirit that defines the Rotary Fellowship of Camping.

REGISTRATION

UGX 700,000
(USD 185)
- CAMPERS -

UGX 800,000
(USD 211)
- NON CAMPERS -

Whether you are joining us for the first time or returning as part of the RFC family, your presence will enrich this extraordinary experience.

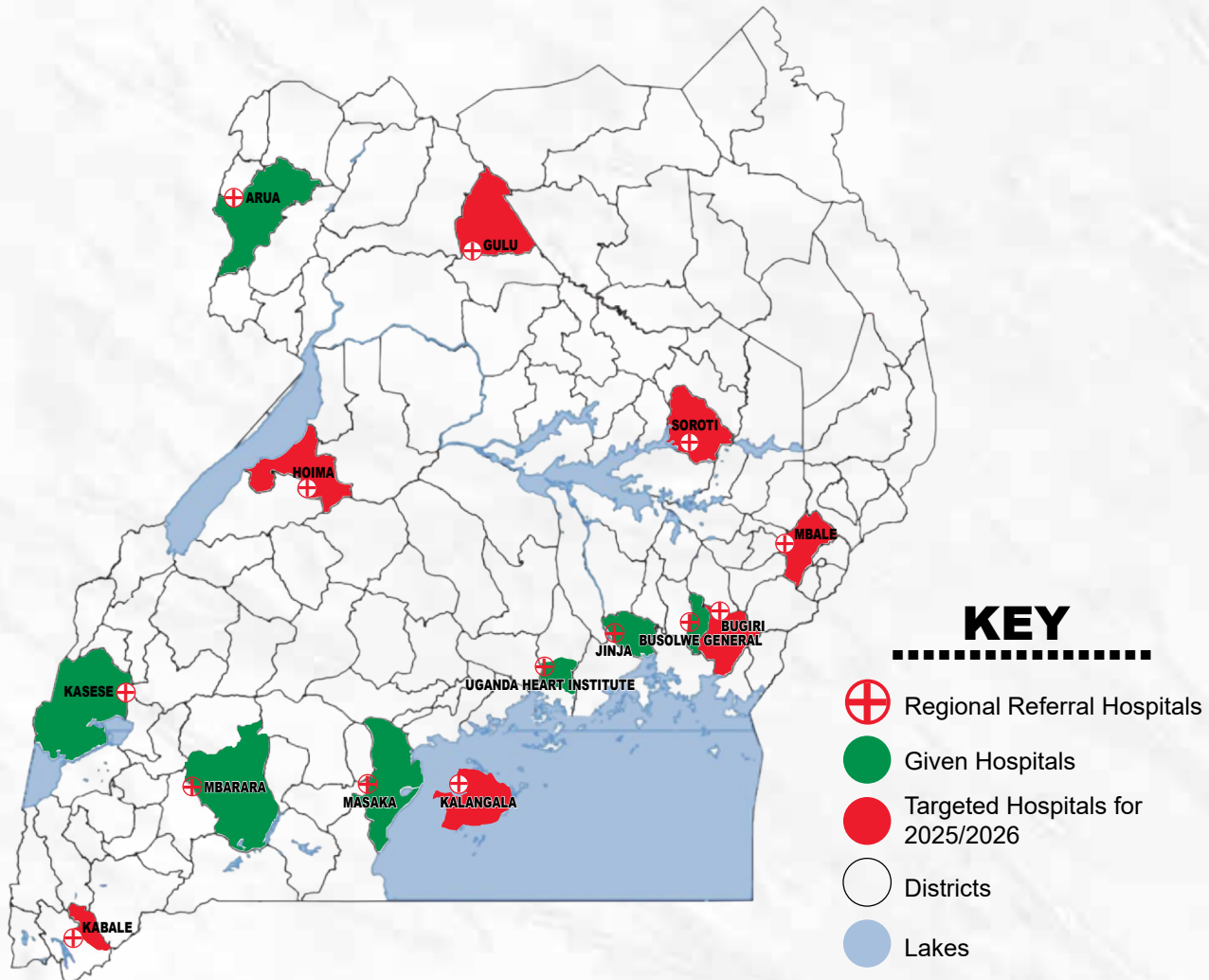
Together, we will continue building friendships that cross borders, serving community.

I warmly welcome you to **KAIJE COUNTRY COTTAGES** in Fort Portal from the 6th to 8th of August 2027.

“Together we Camp, Together we pitch tents, together we serve, and together we save lives.”



MAP SHOWING THE REGIONAL REFERRAL HOSPITALS WHERE WE DONATED ECG MACHINES AND THE ONES WE ARE TO GIVE IN 2025/2026.





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WHERE THE CAMPFIRE — • MEETS THE • — *Heart*

Some journeys begin with a destination.

Ours began with a simple question: *What if a camping trip could save a life?*

What followed has been nothing short of remarkable.

With every sunrise we have welcomed, every tent we have pitched, and every road we have travelled, hope has found a new address. Children have received life changing heart surgeries. ECG machines now serve quietly in hospitals, giving doctors the chance to diagnose and treat patients in time. Families have found reasons to smile again because others chose to answer a call beyond themselves.

To every camper, thank you.

You came seeking fellowship, yet you left behind healing. You packed more than camping gear; you carried compassion. You have kept this cause where it belongs, in your hearts, allowing your actions to speak louder than your words.

To our sponsors, partners, and friends, your generosity has become a ***silent blessing in places*** many of us may never visit. Every contribution has written another chapter of hope, proving that kindness always finds its way to those who need it most.

As the sun set on our memorable 6th Edition in Kalangala, it also rose on a new chapter. ***Soon, we shall journey to Naivasha, Kenya, for the 7th Edition, carrying with us the same spirit that has defined us from the very beginning: ordinary people choosing to create extraordinary hope.***

When the campfire fades and the tents come down, what remains is not the memory of the trip. It is the heartbeat that never stopped because someone chose to care.

Rtn. Peter Dhamuzungu

Fundraising Chair

Rotary Fellowship of Camping





Congenital Heart Disease:

Giving Children a Chance to Live Through Rotary Fellowship of Camping

By Dr. Judith Namuyonga Twesiime

E Every child deserves the chance to grow, play, learn, and dream. Yet for many children born with congenital heart disease (CHD), that chance is threatened from the very beginning of life. Congenital heart disease refers to structural abnormalities of the heart that are present at birth. These conditions disrupt the normal flow of blood through the heart and, if left untreated, can lead to lifelong disability or even premature death.



In Uganda and across much of Africa, timely diagnosis and access to specialized cardiac care remain major challenges. Many families cannot afford the investigations and surgeries their children urgently need. As a result, children often present late, already suffering from severe complications that could have been prevented through early detection and treatment.

One of the most important tools in diagnosing heart disease is the electrocardiogram (ECG) machine. ECG machines help healthcare workers detect heart rhythm abnormalities and identify patients who require further cardiac assessment. Equipping hospitals with these machines strengthens our ability to diagnose heart conditions early and improve patient outcomes.

The Rotary Fellowship of Camping has become an invaluable partner in this mission of saving young lives. Through its annual camping initiatives, the fellowship has combined friendship, service, and compassion to create lasting impact in communities across Uganda and the East African region.

Over the years, the fellowship has donated ECG machines to several health facilities, including the Uganda Heart Institute at Mulago, Ruhoki Hospital in Kasese District, Arua Regional Referral Hospital, and other institutions. These donations have significantly improved access to cardiac



**Every heartbeat saved
is a future restored.**

Through compassion, partnership, and service, we can continue giving children the greatest gift of all.

**a healthy heart and the hope
of a brighter tomorrow.**



screening services, enabling earlier diagnosis and referral of patients with heart disease.

Beyond equipment donations, the fellowship has also mobilized resources to support children born with congenital heart disease by contributing toward life-saving heart surgeries. Each child who receives treatment is given not only a healthier heart, but also a renewed opportunity to attend school, enjoy childhood, and live a productive life.

Every child deserves the chance to grow, play, learn, and dream. Together, we can give them the greatest gift of all—a healthy heart.

The impact of these efforts extends far beyond individual patients. Families regain hope, healthcare workers are empowered with better diagnostic tools,

and communities become more aware of the importance of early cardiac screening.

The Rotary Fellowship of Camping demonstrates that service above self can take many forms. By bringing together Rotarians, medical professionals, partners, and well-wishers, it has shown that fellowship can become a powerful force for improving healthcare and transforming lives.

As we continue this journey, I encourage more individuals, organizations, and partners to support initiatives aimed at combating congenital heart disease. Together, we can ensure that no child is denied the chance to live simply because they were born with a heart condition.

Every heartbeat saved is a future restored. Through compassion, partnership, and service, we can continue giving children the greatest gift of all—a healthy heart and the hope of a brighter tomorrow.



H-NU

HOME - NURSE UGANDA

Supporting Life



A LEGACY OF HEARTS

in Motion:

SEVEN YEARS OF SERVICE, FELLOWSHIP, AND SAVING LIVES

Seven years ago, a unique vision was sparked within our Rotary community—a vision that dared to blend the rugged spirit of outdoor adventure with the profound solemnity of humanitarian service. We asked ourselves if we could scale mountains, sleep under the stars, and forge lifelong bonds of fellowship, while simultaneously mending broken hearts. Today, as we gather on the scenic shores of Naivasha, Kenya, for the 7th Rotary Camping Fellowship Heart Camp, we look back at our footprints with immense gratitude and look forward with unyielding hope.

What began as an innovative idea has matured into a powerful legacy of impact. The Rotary Camping Fellowship has proved that fellowship and service are not separate pillars of Rotary; they are the fuel and the engine of our collective mission. Over the past seven years, this fellowship has journeyed across terrains and borders, leaving behind a trail of transformed lives, equipped hospitals, and re-oxygenated dreams.

Healing hands and lasting infrastructure

Our mission has always been anchored in a stark reality: cardiac healthcare remains one of the most critical yet under-resourced medical

frontiers in our region. The financial burden of heart surgeries and the scarcity of specialized diagnostic equipment place an unimaginable strain on vulnerable families. Recognizing this gap, the Rotary Camping Fellowship chose not to stand on the sidelines.

Through the unwavering generosity of our members, partners, and friends, we have systematically channeled resources where they are needed most. Over our seven-year journey, the fellowship has facilitated the donation of critical cardiac equipment to healthcare facilities, bridging the gap between diagnosis and survival. We have seen local clinics transformed into centers of hope because a specialized machine was made available.

Even more profoundly, our collective fundraising and advocacy have directly supported life-saving heart surgeries for children and individuals who otherwise had no recourse. There is no greater reward in Rotary than seeing a child smile, breathe easily, and look forward to a full future because a failing heart was repaired. Each surgery we support is not just a medical statistic; it is a life restored, a family preserved, and a community uplifted.

Beyond the hospital walls: Awareness as a cure

While equipping hospitals and funding surgeries addresses the immediate crises, the fellowship has equally prioritized the power of prevention and education. Cardiac disease often creeps in silence, worsened by a lack of public awareness regarding lifestyle, early screening, and accessible management.

Every Heart Camp has served as a vibrant platform for advocacy. By taking our mission on the road and pitch-tenting in diverse communities, we have broken the silence surrounding cardiovascular health. We have organized public awareness campaigns, offered health screenings, and educated communities on the vital importance of heart health. In doing so, we have empowered thousands of individuals to take control of their well-being, proving that awareness is just as vital as the surgeon's scalpel.

The magic of the camp: Fellowship that fuels service

It is impossible to reflect on our impact without celebrating the unique spirit that binds us: the joy of camping. The great outdoors has a beautiful way of stripping away titles and bringing us back to what truly matters. Sitting around the campfire, pitching tents side-by-side, and navigating the elements together has forged an unbreakable camaraderie among us.

It is within these moments of shared laughter, storytelling, and mutual vulnerability that our best ideas are born. The campfire is where logistics for the next equipment donation are ironed out, where partnerships are solidified, and where the collective resolve to do good is renewed. The adventure refreshes our spirits, while the service anchors our purpose. This harmony of fellowship and action is the very heartbeat of Rotary.



The horizon ahead: An invitation to inspire

As we celebrate this milestone in Naivasha from 6th to 9th August 2026, we must recognize that our journey is far from over.

The success of the past seven years is a launchpad, not a resting place. The demand for accessible cardiac care remains immense, and there are still countless hearts waiting for our knock on the door.

To our fellow Rotarians, dedicated partners, and friends of the fellowship: your leadership and commitment have brought us to this historic moment. Because you gave your time, your resources, and your passion, a child is running today, a parent is celebrating another birthday, and our medical professionals are better equipped to fight cardiovascular disease.

Let this 7th Heart Camp be a time of both celebration and rededication. Let us use our days in Naivasha to reflect on the lives we have touched, strengthen the bonds that unite us, and inspire greater support for the road ahead. Together, let us continue to camp with a purpose, serve with joy, and ensure that every heart we encounter has the opportunity to beat strong and free.

Thank you for being the heartbeat of this fellowship. Here is to seven years of impact, and to many more years of changing lives together.

PAG JAMES NKOOKA

PROJECTS CHAIR-CAMPING



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The Call of *Fellowship:* Let's Camp Together in Naivasha.

Rotary has always been more than meetings, projects, and ceremonies, it is about connection, shared laughter, meaningful conversations, and unforgettable moments that strengthen who we are as Rotarians. One of the greatest ways we experience this is through our Camping Fellowship, and this time, the journey leads us to the breathtaking lands of Naivasha.

Naivasha is not just another destination. It represents adventure, nature, bonding, and a rich fellowship experience that reminds us why Rotary friendships are some of the strongest in the world. From the peaceful lakeside views to energizing campfire nights, from networking across borders to the joy of traveling with friends and family. This fellowship promises memories that will live long after the tents are folded away.

For Rotarians of RC Rubaga Lake View,

this is our moment to be part of something bigger than a trip. It is a chance to:

- **Strengthen the spirit of Rotary beyond the boardroom**
- **Celebrate friendship and unity across districts**
- **Create new partnerships and deepen existing ones**
- **Give ourselves a refreshing break to recharge, reflect, and return more inspired to serve**

Whether you are an outdoor lover or simply someone who cherishes good company, laughter, storytelling, and fellowship, Naivasha is calling you. Bring your Rotary spirit. Bring your family. Bring your friends. Bring your adventurous heart and let's show the world what fellowship truly looks like when Rotarians gather with joy, purpose, and unity.

As the Mobilization Team, we are excited, we are ready, and we are looking forward to seeing RC Rubaga Lake View well represented. Let's move together, support one another, and make this one of the most vibrant camping fellowships yet!

When Rotarians come together, magic happens.

Naivasha awaits... and so does an unforgettable fellowship experience.



**See you at
West Beach Camp, Naivasha.**

Prossy Namatoru Lukwago

PR Chair / Mobilization Team.

Kila muntu awajubike

Telling Stories Through the Lens

“

Every story deserves
to be remembered.
Every act of services
deserves to be seen.

”



ABOUT THE STORYTELLER

Timothy Nkwasi

PHOTOGRAPHER | VIDEOGRAPHER | STORYTELLER

Capturing moments that inspire,
Stories that transform,
and impact that lasts.

My name is **Timothy Nkwasiwe**, a storyteller, photographer, and videographer who believes that a camera does far more than capture images—it preserves purpose. Every photograph and every film has the power to inspire someone, ignite compassion, and ensure that moments of impact are never forgotten.

The Rotary Fellowship of Camping celebrates **seven years** of creating memories that stretch far beyond campsites and campfires. Behind every camping trip lies a story of service. Behind every adventure is a life touched. Behind every smile is a reason someone chose to give their time, resources, and heart to make a difference.

Yet many of these stories would disappear if no one chose to tell them.

Think about the moments that have shaped your own life. The people who inspired you. The challenges you overcame. The communities you served. Imagine if none of those moments had ever been documented. Future generations would never know they happened, and countless others would never be inspired to follow in your footsteps.

Stories are how legacies are built.

Within the Rotary Fellowship of Camping, storytelling has become an extension of service itself. It is not simply about taking beautiful photographs or creating engaging videos. It is about giving a voice to every volunteer, every beneficiary, every child whose future has been changed, and every Rotarian whose quiet acts of kindness deserve to be remembered.

A single image can remind us why service matters.

A short video can encourage someone to volunteer.

One story can inspire another person to begin their own journey of making a difference.

That is why documenting our work matters.

The fellowship has walked countless miles, crossed islands, climbed hills, and pitched tents in places where hope was needed most. Along the way, lives

have been transformed through fellowship, outreach, and initiatives that have brought healing, opportunity, and joy—including supporting children living with heart disease and reaching communities that needed someone to simply show up and care.

These are not just events.

They are chapters of a living legacy.

There is an old saying that **those who tell the story shape how history is remembered**. If we fail to tell our own stories, the moments that changed lives may quietly fade with time. But when we document them, they become more than memories—they become invitations. Invitations for others to serve, to give, to lead, and to believe that their own actions can leave a lasting mark.

Perhaps the greatest lesson is this: **don't wait for someone else to tell your story. Live it. Share it. Preserve it.**

Because every act of kindness deserves a witness.

Every journey deserves to be remembered.

And every person has a story powerful enough to inspire the next generation.

As the Rotary Fellowship of Camping marks seven years of impact, the greatest achievement is not measured by the number of camps held, but by the lives changed—and by ensuring those stories continue to travel far beyond the places where they began.

“

**One story.
One photograph.
One life inspiring another.**

”



Camping *To Save a Soul:* Where Adventure Meets Compassion



By Philomera Kwagala
Proud Interactor

For many people, camping is an escape into nature—a chance to unplug from the demands of everyday life, gather around a campfire, forge lasting friendships, and create unforgettable memories beneath the open sky. But imagine if every tent pitched, every trail hiked, and every moment spent outdoors could also help save a child's life.

That is the vision behind **Camping to Save a Soul**—a charitable camping initiative that unites Rotarians, Rotaractors, Interactors, campers, outdoor enthusiasts, families, and corporate partners in a shared mission: raising funds for children living with congenital heart disease (CHD).

At the heart of **Camping to Save a Soul** is the vision of its founder, **Mrs. Luweesi Irene Nakanwangi (my beloved mum) of RC Nsangi**, whose passion for service and compassion inspired the creation of this life-changing initiative. Recognizing the urgent need to support children living with congenital heart disease, she envisioned a platform that brings together the spirit of adventure and the power of collective giving. Through her leadership, *Camping to Save a Soul* has grown into more than a camping event—it is a movement that unites the Rotary family, outdoor enthusiasts, corporate partners, and communities in the shared mission of giving children access to life-saving cardiac care. Her vision continues to inspire people to embrace the outdoors with purpose, demonstrating that every act of generosity has the power to transform a child's future.

Congenital heart disease is one of the leading birth defects worldwide. Many children born with these conditions require costly surgeries, specialized treatment, and long-term medical care. For countless families, however, these life-saving interventions remain financially out of reach. Through this initiative, every contribution brings a child one step closer to the treatment they urgently need.

For Rotarians and the Rotary family, *Camping to Save a Soul* embodies the spirit of **Service Above Self**. Rotary has transformed lives across generations by addressing some of society's greatest needs, and this initiative continues that proud tradition. By participating, sponsoring, fundraising, or simply encouraging others to join, every Rotarian, Rotaractor and Interactor becomes part of a life-changing mission that gives vulnerable children hope for a healthier future.





For campers and outdoor lovers, the experience is equally rewarding. It is an opportunity to enjoy breathtaking landscapes, reconnect with nature, and build meaningful friendships while knowing that every registration, donation, and sponsorship directly supports heart surgeries, diagnostic tests, medication, and follow-up care for children battling congenital heart disease.

Beyond camping, the event promises an unforgettable experience filled with guided hikes, outdoor games, conservation activities, campfire fellowship, live entertainment, and inspiring testimonies from families whose lives have been transformed through access to cardiac care. These moments remind us that the strongest communities are built not only through shared adventures but also through compassion, generosity, and a commitment to uplifting others.

Camping to Save a Soul is more than an event—it is the beginning of a movement. A movement where every footprint on a trail leaves a lasting mark on a child's future, where every campfire kindles hope, and where every participant becomes part of a story of healing and transformation.

Whether you are a Rotarian, a Rotaractor, an Interactor, an experienced camper, an outdoor enthusiast, or someone simply looking to make a meaningful difference, this is your opportunity to be part of something extraordinary.

Pitch a tent with purpose. Explore with compassion.
Give with heart.

Together, we can ensure that more children with congenital heart disease receive the chance to live healthy, happy, and fulfilling lives.
Join us. Camp with purpose.
Save a soul.

Join us.
Camp with purpose.
Save a soul.



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Rtn. Isaac Mwanje
Vice Chair Operations



Rtn. Nkoka James
Chair Grants



Rtn. Dhamuzungu Peter
Chair Corporate & Sponsorship





In any correspondence on this subject please quote.

DATE: JULY 30, 2026

The Chairman

Rotary Fellowship of Campers Kampala

Kampala, Uganda

RE: REPORT ON THE UTILIZATION OF THE ELECTROCARDIOGRAM (ECG) MACHINE DONATED TO RUKOKI GENERAL HOSPITAL

On behalf of the Management, staff, and patients of Rukoki General Hospital, we extend our sincere gratitude to the Rotary Fellowship of Campers Kampala for the generous donation of an Electrocardiogram (ECG) machine to our hospital. We are pleased to submit this report highlighting the utilization and impact of the equipment since it became operational.

Background

Rukoki General Hospital is committed to providing quality, accessible, and affordable healthcare services to the population within Kaseke and the surrounding districts. Cardiovascular diseases and other heart-related conditions are increasingly becoming common in our communities, creating a growing need for timely and accurate diagnostic services.

Prior to receiving the ECG machine, the hospital experienced significant challenges in diagnosing cardiac conditions. Many patients had to be referred to other health facilities for ECG services, resulting in delays in diagnosis and treatment, increased transport costs, and inconvenience to patients and their families.

The donation of the ECG machine by the Rotary Fellowship of Campers Kampala has therefore addressed a critical gap in our diagnostic services and significantly strengthened our capacity to provide comprehensive patient care.

Commencement of Service

Following installation, calibration, and orientation of the responsible health workers, the ECG machine officially became operational in **April 2026**. Since then, the machine has been integrated into the routine diagnostic services offered by the hospital.

The ECG service is primarily utilized for:

- Assessment of patients presenting with chest pain.
- Evaluation of patients with hypertension.
- Investigation of irregular heart rhythms (arrhythmias).
- Monitoring patients with suspected heart disease.



- Pre-operative assessment for selected surgical patients.
- Follow-up monitoring of patients with known cardiovascular conditions.

Utilization of the ECG Machine

Between April 2026 and July 2026, the ECG machine has been used to provide diagnostic services to 42 patients.

These patients presented with various cardiovascular-related complaints and benefited from timely cardiac assessment, enabling clinicians to make informed treatment decisions. The availability of the machine has reduced unnecessary referrals to distant facilities, shortened waiting times, and improved patient management within the hospital.

The equipment has also enhanced clinicians' confidence in diagnosing cardiac conditions, allowing earlier intervention and improving the quality of healthcare services delivered.

Impact of the Donation

The donation has already made a remarkable contribution to healthcare delivery at Rukoki General Hospital. The key achievements include:

- Improved access to essential cardiac diagnostic services within the hospital.
- Reduced referrals to higher-level facilities solely for ECG investigations.
- Earlier diagnosis and management of heart-related illnesses.
- Reduced financial burden on patients who previously travelled long distances to obtain ECG services.
- Enhanced quality of patient care through timely clinical decision-making.
- Improved confidence among healthcare workers in managing cardiovascular cases.
- Increased patient satisfaction due to the availability of modern diagnostic equipment.

Many patients have expressed appreciation for the availability of this service within our hospital, noting that they no longer have to incur additional costs and delays in seeking ECG services elsewhere.

Appreciation

The Management, staff, and the communities served by Rukoki General Hospital sincerely appreciate the Rotary Fellowship of Campers Kampala for this generous support. This donation demonstrates Rotary's commitment to improving healthcare services and saving lives within our communities.

The ECG machine is already making a positive difference, and we are confident that its impact will continue to grow as more patients benefit from timely diagnosis and appropriate management of cardiovascular diseases.



Commitment to Sustainability

Rukoki General Hospital is committed to ensuring that the ECG machine remains functional and continues serving patients for many years. To achieve this, the hospital has put in place measures to:

- Ensure proper operation by trained healthcare personnel.
- Carry out routine cleaning and preventive maintenance.
- Use the equipment in accordance with manufacturer guidelines.
- Safeguard the machine from damage through proper handling and storage.
- Continue monitoring utilization and documenting patient outcomes.

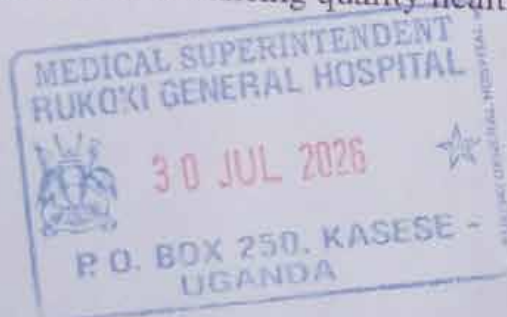
Conclusion

The donation of the ECG machine has significantly strengthened diagnostic capacity at Rukoki General Hospital. Within only four months of operation, **42 patients** have already benefited from the service, and many more are expected to benefit in the coming months.

Once again, we extend our heartfelt appreciation to the Rotary Fellowship of Campers Kampala for your generosity and partnership in improving health-care delivery. Your support is directly contributing to earlier diagnosis, better patient management, and ultimately saving lives.

We look forward to continued collaboration in advancing quality healthcare for our communities.


DR. WEFULA EDWARD
MEDICAL SUPERINTENDENT
Rukoki General Hospital



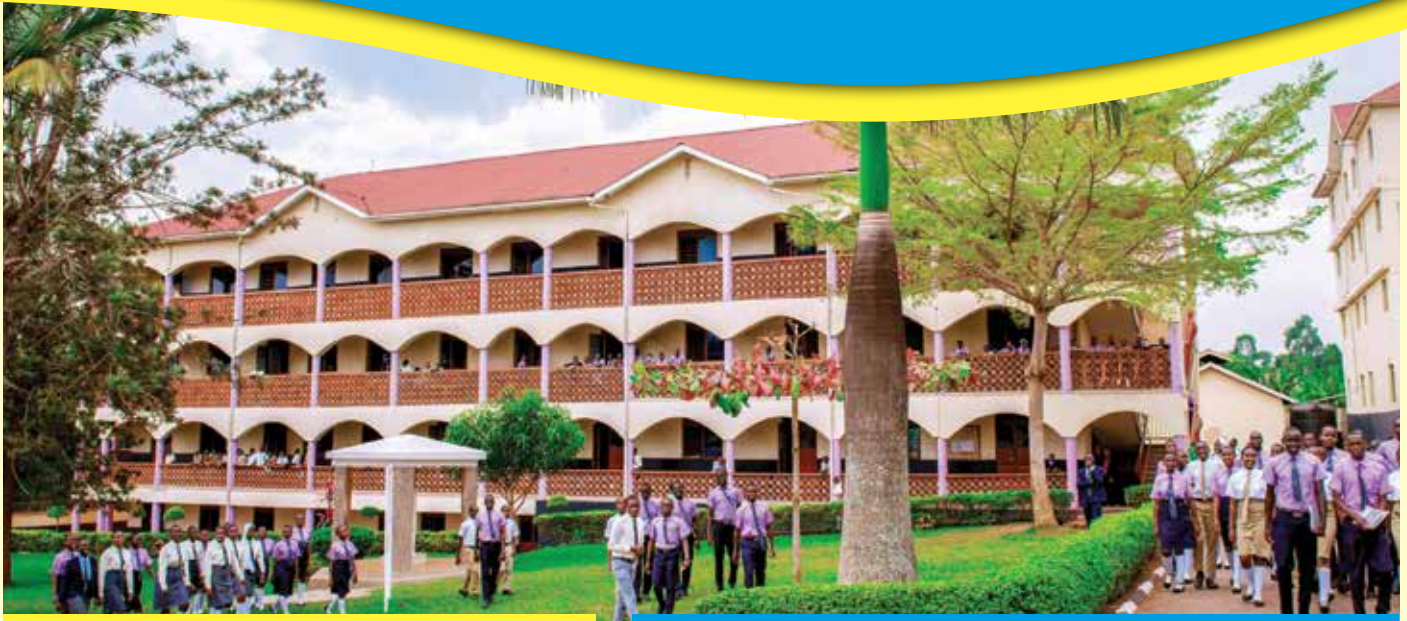


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Pride College School community wish to congratulate all the Reverend Fathers on their Ordination to Priesthood. May your ministry be a beacon of hope and love, guiding others to christ.



UCE GIANTS 2024



UACE GIANTS 2024

Index No	NAME	COMB	POINTS
U2546/505	NYABONYO JULIET	HED	20
U2546/508	SSEMANDA FRED CLINTONE	HEG	20
U2546/504	ZAWEDDE PATRICIA	HEL	19
U2546/589	MUSASIZI MABLE MBUBI	HED	19
U2546/607	KISAKYE TREASURE	DEL	19
U2546/597	BASIRIKA JAMIRAH	HEE	19
U2546/525	KITONSA JOEL	PCM	18
U2546/528	MATOVU KENETH	BCM	18
U2546/527	KAYIZI TREVOR	BCM	17

NATIONAL MERIT GOVERNMENT SPONSORSHIP 2025

The following students were awarded government sponsorship on national merit UACE 2025

	NAME	COURSE	UNIVERSITY
1	KITONSA JOEL	Bsc. in Polymer, Textile and Industrial Engineering	BUSITEMA
2	KAYIZI TREVOR	Bsc. in Public health	MT. OF MOON
3	NYABONYO JULIET	Bsc. in information and communication technology	GULU
4	SSEMANDA FRED CLINTONE	Bsc. Tourism and hospitality management	MAKERERE
5	ZAWEDDE PATRICIA	Bachelor of entrepreneurship	MAKERERE
6	MUSASIZI MABLE MBUBI	Bsc. in Population studies	MAKERERE
7	MATOVU KENNETH	Bsc. in Agriculture	MAKERERE
8	NAMUWONGE WINNIE	Bsc. in Agriculture	MAKERERE
9	LUSWATA JOHN MARK	Bsc. in Education (Economics)	MAKERERE
10	NASSUNA LORINE MARTHA	Bsc. in Education (Economics)	MAKERERE
11	NABUKEERA FLORENCE JANE	Bsc. in Education (Economics)	KABALE
12	ALINDA EVELYN	B. Tourism and Hospitality Mgt	MAKERERE

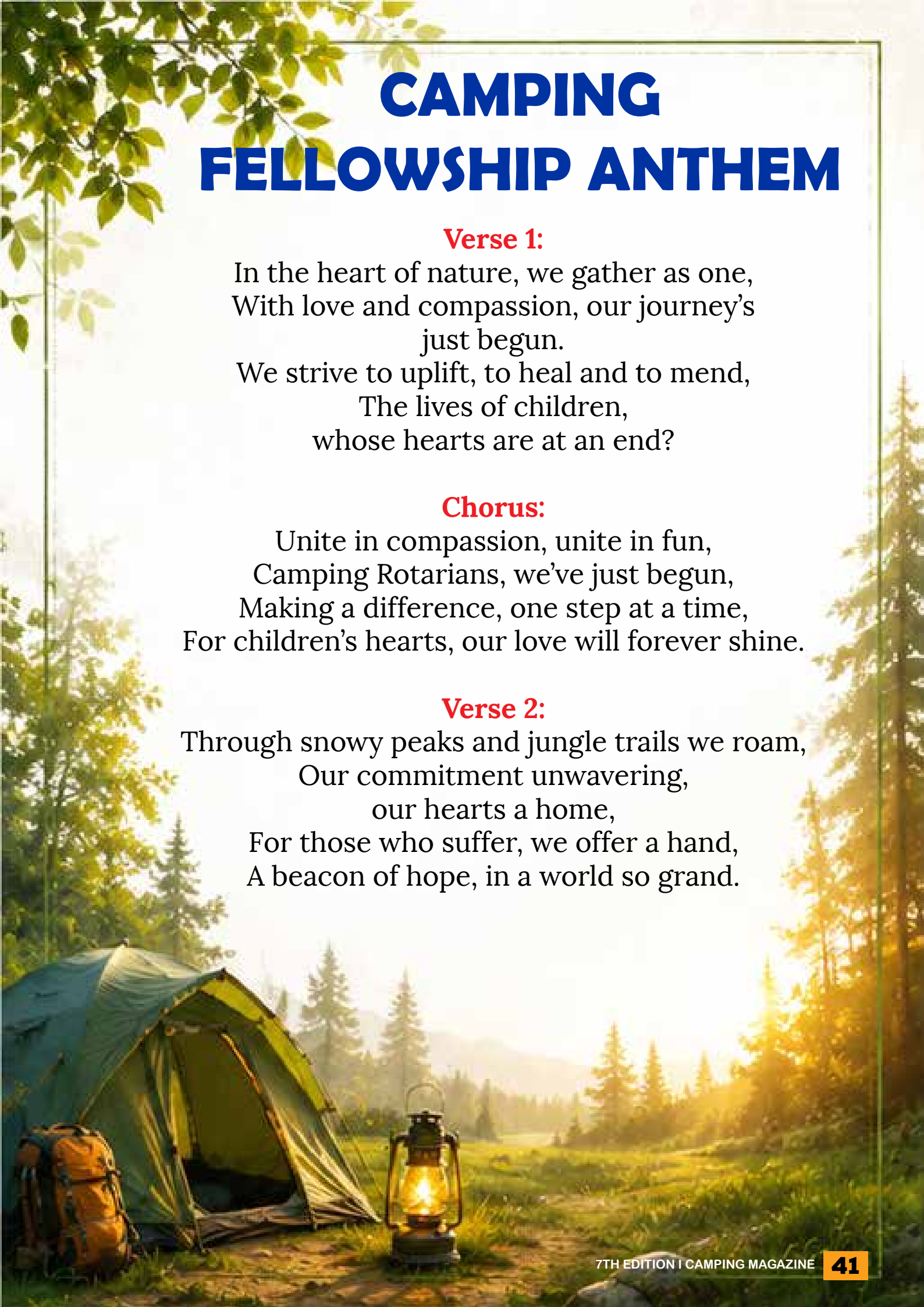
Motto: "Others Can I Can"



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CAMPING FELLOWSHIP ANTHEM

Verse 1:

In the heart of nature, we gather as one,
With love and compassion, our journey's
just begun.

We strive to uplift, to heal and to mend,
The lives of children,
whose hearts are at an end?

Chorus:

Unite in compassion, unite in fun,
Camping Rotarians, we've just begun,
Making a difference, one step at a time,
For children's hearts, our love will forever shine.

Verse 2:

Through snowy peaks and jungle trails we roam,
Our commitment unwavering,
our hearts a home,
For those who suffer, we offer a hand,
A beacon of hope, in a world so grand.

Pictorials

Camping 1st Edition

Venue Ssezibwa Falls - Mukono

Donation Uganda Heart Institute -
Mulago

Official Launch





ROTARY
FELLOWSHIP
OF CAMPING
ADVENTURE
EDITIONS



Camping 2nd Edition

Venue

Oguzulu Camping Site

Donation

Chief Guest

Deputy Managing Director - NSSF

Jinja Regional Referral Hospital and
Mbarara Regional Referral Hospital



Camping 3rd Edition

Venue

Nile Nest Resort - Jinja

Donation

Uganda Heart Institute -
Mulago (5 Children operated)

Chief Guest

Deputy Governor - Bank of Uganda

02 ONLY DAYS LEFT Rotary PRESENTS **3RD Camping Edition**

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DR. MICHAEL ATINGI-EGO
Deputy Governor,
Bank of Uganda

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4th Edition Of Camping-Masindi(Murchison Falls)





5th Camping Edition



Campers touring Queen Elizabeth National Park



Entebbe Base Crew Campers



Noella Nalukwago sponsored for Heart surgery as a result of the funds raised from the 5th Edition.



Outcomes of the 6th Edition - Kalangala



Adventure of the 6th Edition of Camping – Kalangala-Ssesse Islands



THE ADVENTURE AND EXPEDATION TOUR TO QUEEN ELIZABETH BY THE 5TH EDITION.







Camping with a Purpose: Where Fellowship Meets Service

“Life is better around a
campfire; especially when that
campfire lights the path to
hope.”



The Rotary Fellowship of Camping is much more than an outdoor adventure. It is a global community of Rotarians, Rotaractors, families, and friends who share a passion for nature, friendship, and service. Every camping experience is an opportunity to strengthen bonds, discover new places, and make a meaningful difference in the lives of others.

This year, from **7th to 9th August 2026**, campers from across the region will gather in the picturesque town of Naivasha, Kenya, for a weekend that promises breathtaking scenery, exciting adventures, and unforgettable fellowship. Participants will explore some of Naivasha's renowned attractions, enjoy outdoor activities, share stories around the campfire, and create friendships that transcend clubs, districts, and national borders.

Yet the true highlight of the fellowship lies beyond the adventure. The Rotary Fellowship of Camping proudly embraces the theme “Camp to Save Lives.” Through this initiative, the fellowship supports children born with congenital defects, helping to create opportunities for life-changing medical care and renewed hope for their families.

Every participant becomes part of a mission that demonstrates Rotary's enduring commitment to service above self. Camping has a remarkable way of bringing people together.

Away from the routines of daily life, conversations become deeper, friendships grow stronger, and ideas for service are born. It reminds us that Rotary is not only about meetings and projects, it is also about building relationships that inspire us to serve with greater passion and purpose.

The beauty of this fellowship is that it is open to everyone. Whether you are a Rotarian, Rotaractor, family member, friend, or simply someone who enjoys the outdoors and believes in making a difference, you are warmly invited to be part of this unique experience.

As Rotary celebrates Membership and New Club Development Month, the Camping Fellowship perfectly reflects what attracts people to Rotary: meaningful friendships, exciting experiences, and the opportunity to serve humanity. It is proof that fellowship and service go hand in hand.

So, pack your camping gear, bring your adventurous spirit, and join us in Naivasha. Come for the stunning landscapes, the laughter, and the camaraderie. Stay for the purpose. Leave knowing that your participation has helped bring hope to children in need.

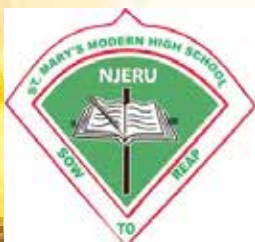
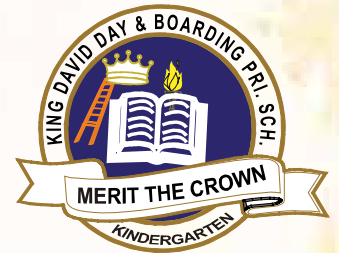
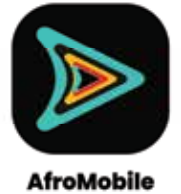
One camp. One family.
One purpose. Together, let's camp
to save lives.

Nabanja Jesca Nyanzi
Camping Mobilisation Team

OUR SPONSORS



Centenary
Bank



12th March, 2025



From: GRACE ACAA

To: ALL ROTARIANS, ROTARACTORS AND
GUESTS OF THE ROTARY FELLOWSHIP
OF CAMPING.

A HEARTFELT THANK YOU FOR SAVING MY SON'S (MALCOLM MUGISHA PIRWOT) LIFE.

As I sit down to write this letter of appreciation, I am filled with gratitude and emotion, thinking about the incredible journey my son and our family have been on. Our lives were forever changed when he was diagnosed with a heart condition that required immediate surgery.

The road ahead seemed daunting as we couldn't figure way out from Agago District. Nonetheless, thanks to the kindness and generosity of the Rotarians, Rotaractors and Guests of the Rotary Fellowship of Camping Kampala, who came in to save Malcolm's life.

A Desperate Situation

When he was diagnosed with a heart condition at Uganda Heart Institute Mulago, we were devastated. The thought of our child (four years old) undergoing heart surgery was overwhelming, and the financial burden seemed insurmountable. We were faced with the harsh reality that without surgery, my son's condition would only worsen, putting his life at risk.

A Lifeline from the Rotary

In our darkest hour, the Rotarians, Rotaractors and Guests of the Rotary Fellowship of Camping of Kampala, stepped in with a lifeline. They offered to sponsor my son's heart surgery at the heart institute, covering all the costs associated with the procedures. We were overjoyed and relieved, knowing that our son would receive the life-saving treatment he needed.

A Successful Surgery

With their benevolent heart to save life, Malcolm underwent a successful heart surgery on 28th March, 2023. The medical team was exceptional, and the care he received was top-notch. Today, he is thriving, and his heart condition is under control. We are forever grateful to the Rotarians, Rotaractors and Guests of the Rotary Fellowship of Camping of Kampala for giving our son a second chance at life.

A Heartfelt Thank You

To the Rotarians, Rotaractors and Guests of the Rotary Fellowship of Camping of Kampala I want to extend my sincerest gratitude. Your kindness, generosity, and commitment to helping those in need are truly inspiring. You have made a tangible difference in our lives, and we will be eternally grateful. Thank you for being a shining example of the power of community and compassion.

Paying it Forward

As we celebrate my son's successful surgery and recovery, we are also reminded of the importance of giving back. We hope to pay it forward by helping others in need, just as the Rotarians, Rotaractors and Guests of the Rotary Fellowship of Camping of Kampala helped us. We believe that by working together, we can create a ripple effect of kindness and compassion that can change lives forever.

Thank you, Thank you, Thank you

Grace Acaa (Mrs.)
(Malcolm's Mom)

OBUJULIZI OKUVA MU BAZADDE



Kyomuhendo Speace
Kibaale District
Mugarama sub-county
kituuma parish
kituuma Village

Ntusa okwebaza kwange Eli ekitongole ekya Rotarian Camping kurwo obuyambi bwebampa kumwana wange gwebayita **Atuhairwe Edwin**. Omwana wange ono namuzaala nga ayina ekituli ku mutima. Okutegela ekituli kino, nakitegela nga wamwezi ena ngamaze omutwaloko ku specialist wa'baana Dr. Kagwa. Ono ayina edwaliro rye mu Kagadi ekyampaliliza okutwala omwana wange ono mu dwalira. Okuva bwayazalibwa, omwana ono yali tafunagako dembe lyona. Buli kasela yabelanga Mukukaba ate nga atuyaana nnyo. Bwenamutusa kwekungaba nti ayina ekituli kumutimaga nebandifalinga ku Uganda Heart Institute.

Awo nentandika okunonya sente naye nga sente tezilabika, wenalabila obusente butonoto nga omwana awezeza emyaka ebiri, 15/01/2023 nemuleta ku Uganda Heart Institute e Mulaga. Waliyo ba Dr. bangi, bwebamala omu chekinga ko nebangamba nti kuliko Dr. gwebayita Aliko nti asobola omukolako. Dr. ono bwe'namutukako nangamba nti omwana wange omukolako kyatagisa obukadde busatu (Sh.3000,000=).

Dr namugamba ekituufu, nze okufuuna sente ezo tekija kuba kyangu, nayenga ebyadaala nga sente siyina wengenda okuzija. Dr Aliko kwekungaba nti waliwo ekitongole kyebayita Rotary nti kisiponsalinga abaana. Baja kukolagaana nabe ekitongole balabe oba basobola okuyamba ku mwana wenge. Dr yangamba okuda ewaka nti bajja kunkubila esimu. Bwebadayo ewaka nasaba nyo katonda omwana wange lukyenga lumu nga bamufunide siponsor, naye kurwe'kisa ekingi Mukama yayanukuula esaala zenge kubanga gwali mwaka ogwo gwenyini mwenafunira call okuva ku member omu owo'mu Rotary nangamba nti omwana wange Atuhairwe Edwin afunye sponsor. Abasawo okuva ku UHI batandika okunkubira nti ndete omwa mutwale for operation, so it was on 27/03/2023. They called me to take my baby for operation. *I take my sincere appreciation to Rotaty Camping for that great surport and also looking after my son's operation. I ask for you a special blessing from God such that you continue with that spirit, Amen.*

DANCING IN THE RAIN



Memorable!

The speed at which the sun was setting was unbelievable. The more it became dark, the more the falls flamed through it. I had already got a tent and mattress but with the night imminent, it was basic that I quickly move my backpack from the bus to my tent. The ground surrounding the falls was very well kept but no one warned me that it was slippery!

As I ascended the hill across the river, I slipped and fell. Jolly good fellows nearby were quick to help me up my feet and up to where I had pitched my tent. There was lots of laughter, shout outs, happy reunions and movement as everyone tried to get a perfect spot for their tent make it hospital. I remember many campers wanting to pitch their tents at the slope alongside the river but quickly changed their minds following a rumour that once a tent slid down that slope into the river with its sleeping occupant.

Dinner was served. The dancing flame from the fiery pile of firewood amidst the dark was very fascinating and the calming warmth it transported made it even more inviting. In no time, the plastic chairs that had been put all round the fireplace were all occupied. There were lots of comical stories told around that camp fire. Camping Rotarians laugh really loud! The humour from the games and banter was very infectious. It was all merriment as the jolly good fellows waggled while imbibing their favourite drink for hours. We didn't realise how the DJ synched into this vibe and got us on our feet dancing to famous traditional beats of kadodi, nankasa, Yo leng later changing to lingala and famous afrigo tunes.

It rained! It really poured. Almost every camper wanted to squeeze their little tent under the big tent that had been erected as a venue for the fundraising. But we were very many. We all struggled to get comfortable but continuous movements couldn't let us be. Then I heard Bob Marley's Three little birds; This is my favourite song and I love Reggae!! Out of my tent I jumped into the rain loudly singing along the lyrics of my favourite song! I wasn't the only one who was struck by this song. We were quite many. The image and feeling of us dancing to reggae tunes, under the rain while laughing at how silly but liberating it felt is embedded in my memory for life.

This by far, is my superlative experience with camping Rotarians fellowship.

My First Experience at the Camping Rotarians Fellowship: A Memorable Journey of Purpose and Adventure.



From the 22nd to the 24th of September, I had the extraordinary opportunity to participate in the Camping Rotarians Fellowship held in Masindi, within the breathtaking Murchison Falls National Park. As a first-time camper, I embarked on this adventure with a mix of excitement and curiosity, eager to embrace new experiences and connect with like-minded individuals. What unfolded over these three days was nothing short of the best experience of my life, marked by thrilling activities, profound connections, and a meaningful purpose that left an indelible mark on my heart.

Our journey began with an exploration of Murchison Falls National Park, a natural wonder that left me in awe of its majestic beauty. The Park, known for its diverse wildlife and stunning landscapes, provided a perfect backdrop for our camping adventure. We were treated to a guided safari, where we witnessed elephants, giraffes, and a plethora of bird species in their natural habitat. The sight of the mighty Murchison Falls, where the Nile River surges through a narrow gorge before plunging into a thunderous cascade, was a highlight that etched itself into my memory.

One of the most exhilarating parts of our trip

was the visit to the Nile River. We embarked on a boat cruise along this iconic waterway, where we encountered hippos, crocodiles, and an array of aquatic birds. The serene beauty of the Nile, coupled with the thrill of spotting wildlife up close, made this experience truly unforgettable. The boat ride offered a unique perspective of the park's ecosystem, highlighting the delicate balance between nature and wildlife that makes Murchison Falls National Park a treasure trove of biodiversity.

For an added dose of adventure, we undertook a mountain climbing expedition that tested our physical limits and rewarded us with panoramic views of the park. The climb was challenging, but the camaraderie among fellow campers provided the motivation needed to reach the summit. Standing at the top, gazing out over the vast expanse of greenery and the winding Nile, I felt a profound sense of accomplishment and a deeper connection to nature.

As the sun set each day, the camp came alive with the warmth of fellowship and the joy of new friendships. We gathered around a campfire, where the crackling flames and starlit sky created an enchanting atmosphere. The evenings were filled with dance, laughter, and storytelling, as we celebrated our shared experiences and learned from each other's journeys. The campfire became a symbol of unity, where Rotarians from different backgrounds and regions bonded over their common purpose and passion.

Beyond the adventures and camaraderie, the Camping Rotarians Fellowship held a deeper significance. This annual camp aims to raise funds to support children with congenital heart diseases, a cause that resonates with the core values of Rotary. Knowing that our participation contributed to this noble mission added a layer of fulfillment to the entire experience. It was heartening to see the collective effort of Rotarians coming together to make a positive impact on the lives of vulnerable children.

Attending the Camping Rotarians Fellowship for the first time was more than just a camping trip; it was a transformative journey that enriched my life in countless ways. The beauty of Murchison Falls National Park, the thrill of adventure, the warmth of new friendships, and the purpose of supporting a meaningful cause combined to create an experience that I will cherish forever. As I reflect on those three days, I am filled with gratitude for the opportunity to be part of such a remarkable event and look forward to many more adventures with the Rotary family.

In conclusion, my first camping experience with the Rotarians was a perfect blend of adventure, fellowship, and purpose. It reaffirmed my belief in the power of community and the impact we can make when we come together for a common cause. I am already counting down the days until the next Camping Rotarians Fellowship, eager to create more memories and continue supporting the noble mission of Rotary.



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